



# HFS Newsletter

Term 4 Week 2 16th October 2023

Dear Parents and Carers,

We applaud the dedication and hard work of all the students who represented our Diocese at the Polding Athletics Carnival in Sydney last Friday. Your efforts were wonderful, and there were some exceptional performances throughout the day. A special congratulations to Seth King, whose remarkable talents earned him medals in shot put, discus, long jump, and the 200m events. Seth will now represent Polding at the NSWPSA Carnival—an outstanding achievement. Congratulations also to our Junior boy relay team, consisting of Jack Burt, Arlo Cassidy, Nate Calabro, and Jack Kaden. Their dedication and teamwork saw them make it to the final and finish an impressive 4th place, narrowly missing out on a medal. Well done, boys!

Our boys and girls hockey teams will compete in the Rex Smith/Lois Jones Hockey Cups, which will take place at the Parkes Hockey Turf. We wish all our students the best of luck as they compete in this event.

It has been brought to our attention by parents that some students have accessed inappropriate internet sites whilst in their homes. To support parents in tailoring conversations with their children about respectful relationships, human sexuality and body safety our school is funding a 90 minute 'Sexual Health Education for Primary School-Aged Parents' Zoom session on **Wednesday 18th October from 8.00pm - 9.30pm**. I encourage all parents to take this opportunity to participate in this Zoom.

We are seeking volunteers for the P&F stall at the upcoming Homegrown Parkes event at Cooke Park on Saturday. Even just one hour of your time would be greatly appreciated. Additionally, we kindly request donations of baked goods to sell at the stall. This event runs from 9am to 2pm, and your support will make a significant difference.

As we head into warmer weather, please remember the importance of sun safety. All children are required to pack their hats each day. The "no hat, no play" rule will be enforced to ensure the well-being of our students and protect them from the sun's harmful effects.

*Denise Gersbach*

Principal

[admin.parkes@wf.catholic.edu.au](mailto:admin.parkes@wf.catholic.edu.au)



Find us on Facebook  
Holy Family Parish School, Parkes

**Contact Details**

37A High Street  
Parkes NSW 2870  
Phone: 02 68621610

## Week 2 Events

**FRIDAY**

**Rex Smith/ Lois  
Jones Cups**

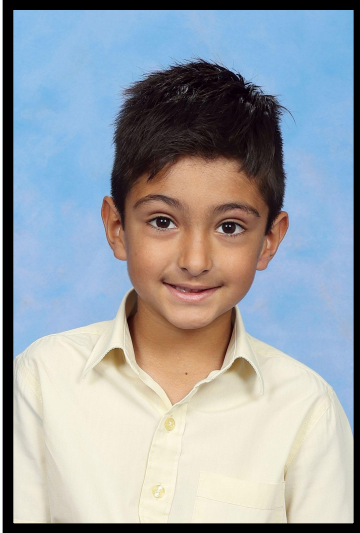


**Seth King – Polding  
Athletics Sydney**

# ★ Star of the Week ★

Alessandro Villella is the Star of the Week for demonstrating our Core Values (In Praise, Love and Trust) and for always being conscientious and compassionate.

## Interview with Alessandro



What is your favourite subject?	Mathematics
In your free time, what do you like to do?	Playing with Lego especially with my friends
What is your favourite food?	Sausages
What do you like most about our school?	My friends
What are your strengths?	I'm good at bike riding and science
What would you like to be when you grow up ?	An engineer

Term 4 Week 2: Manner of the Week (From our Core Value - PRAISE)

➤ **Grateful for family & friends**

I have two challenges for you this week. You can attempt one or both and there will be two prizes. *This fortnight's challenges -*

Which 4 numbers will complete this addition puzzle ?

6	+		=	14
+		+		+
	+	9	=	
=		=		=
	+	17	=	30

What is the missing letter ?

If you solve the problems and there are multiple winning entries, your name will go into a draw. The winners will be drawn out of a hat and receive a prize at our School Assembly. Please write your name and answer on a piece of paper and hand it to me any time this week.

I hope everyone has a great week.

Andrew Berger

# Religion

## Religious Education

### Twenty–Eighth Week in Ordinary Time

#### Sacrament of Penance

**First Reconciliation - Thursday, 2nd November, 2023**

\*Year 2 - Catholic students

\*6:00pm, Holy Family Parish Church (Children should be at the Church at 5:45pm).

\*Dress- Smart casual

**Mufti-Mission for Catholic Mission's  
Socktober Day  
26th October, 2023**



We will have a **SOCKTOBER SHOOTOUT** on the school oval. Bring your homemade soccer ball for the shootout. Wear colourful socks!

Before kicking your goals, check out our step-by-step guide on how to make a recycled sock ball, with Catholic Mission's Dorothy Makasa. Many children in Timor-Leste and around the world play with a ball just like this - even Pope Francis did as a boy in Argentina. Ready to make yours?

#### **How to Make a Sockball**

In 2023, our Socktober players and teams will raise funds for children in need in Timor-Leste.

#### **Upcoming Masses & Liturgies Term 4 2023**

Term 1 2023	Masses and Liturgies	Stage/Class
1st November	All Saints' Day- Whole School Mass-HFS Hall 12:15pm	Stage 3
2nd November	Sacrament of Penance (First Reconciliation)- 6:00pm HF Church	Stage 1
30th November	Kindergarten Liturgy - 12:15pm Chapel	Kinder
7th December	Year 6 Graduation Mass - 6:00pm HF Church	Year 6

I hope everyone has a wonderful week.

Beverly Berger

# Notes



## Cake STALL


### SATURDAY 21<sup>ST</sup> OCT

from 9-2 pm Cooke Park  
proudly supporting



**HOMEGROWN**  
PARKES  
LOCALLY GROWN & MADE

PLEASE CONTACT THE OFFICE IF YOU CAN  
HELP ON THE DAY OR SUPPLY BAKED GOODS



### Parkes Local Aboriginal Education Consultative Group

#### 2023 AECG MEETINGS

**Term 4 Week 5: Middleton Public School**  
Juniors- 9:30am, Tuesday the 7th November  
Senior- 9:30am, Wednesday 8th November

**Term 4 Week 2: Parkes High School**  
AGM: 9:30am 16th October 2023

Please note ALL community are welcome to attend  
our Senior meetings. Our Junior meetings are for our  
Local junior AECG school students only.

#### 2023 AECG Executive Team

<b>President</b> Skye Harris Contact- 0432647189 Email- <a href="mailto:Skye.harris@wf.catholic.edu.au">Skye.harris@wf.catholic.edu.au</a>	<b>Vice President</b> Iesha Charlton Email- <a href="mailto:iesha.charlton4@det.nsw.au">iesha.charlton4@det.nsw.au</a>
<b>Treasurer</b> Donna Payne Email- <a href="mailto:d.payne@wf.catholic.edu.au">d.payne@wf.catholic.edu.au</a>	<b>Secretary</b> Kyah Turnbull Email- <a href="mailto:kyah.turnbull1@det.nsw.au">kyah.turnbull1@det.nsw.au</a>

## Marramarra Makerspace


# all things paper

## STEAM WORKSHOP

For children in Year 3-6



Monday 16th October: Paper Circuit Art  
Have fun with paper circuitry and create a unique card that lights up.

Monday 23rd October: Paper Boats  
Construct paper boats and put them to the test. Will they Float?



Monday 30th October: Paper Bridges  
Construct a paper bridge and test just how strong paper really is.

Time: 4pm-5pm  
Cost: Free  
Bookings in person essential  
Enquiries: 6861 2309



## M&D@ Home Grown Festival - Parkes Fun Theatrical Project

For kids aged 6-13

Parkes M&D Society are seeking young people  
to perform at the Parkes Home Grown Festival  
on 21 October this year.

There will be two small projects, one involving  
singing and dancing, the other a small  
scene/skit, with an Alice in Wonderland theme.

**CONTACT LISA RAMSAY  
TO REGISTER YOUR INTEREST:**

[rhymetoreason.pa@gmail.com](mailto:rhymetoreason.pa@gmail.com)  
0412 040 864

# Notes



## TALKING THE TALK

# Respectful Relationships, Human Sexuality, Consent & Body Safety Presentation



Presented by

**Vanessa Hamilton**

25 Years Experience  
Sexuality Educator  
Award Winning Author  
Mother Of Three

**Wednesday 18th October  
2023  
8.00pm - 9.30pm**

Live on line via zoom

<https://events.humanitix.com/sexuality-ed-parents-holy-family-parish-school>

Learn how to tailor conversations with your children about:

- Healthy, Respectful Relationships and Consent
- Body & Protective Safety
- What Is Normal Early Childhood Sexual Behaviour
- How Babies Are Made And Born
- Puberty Preparation
- Internet Safety And Our Sexualised Society

Common concerns addressed:

- What is appropriate for my family?
- How much do I need to tell them?
- At what age should I discuss these topics?
- More information: [www.talkingthetalksexed.com.au](http://www.talkingthetalksexed.com.au)

### Testimonials from Parents

"Brilliant, every parent should have access to this talk..."

"Such a clear presenter - Easy to listen to, I liked the humour as it took the pressure off heavy topics..."

"I feel a lot more confident talking to my kids now..."

"Vanessa's presentation is probably one of the best parenting sessions I've ever attended. Honest, engaging, knowledgeable, fantastic. Thank you..."

Primary School Parents

### Online bookings essential:

Use your phone camera to scan this QR code or click this link:

<https://events.humanitix.com/sexuality-ed-parents-holy-family-parish-school>



\*Please note this session is not suitable for children to view\*

[www.talkingthetalksexed.com.au](http://www.talkingthetalksexed.com.au)



## CHILD SAFE SCHOOLS AND SUPPORTIVE ENVIRONMENTS INFORMATION FOR PARENTS

We take our responsibility to protect children seriously. All staff are expected to promote child safety by having a clear understanding of their legal child protection responsibilities and act in accordance with those responsibilities.

In particular the school will:

- Maintain professionalism in our interactions with children at all times by exercising appropriate duty of care and maintaining professional boundaries.
- Follow an established process to address allegations of inappropriate behaviour by staff towards children.
- Ensure all people working in our school who are required to undertake a Working With Children Check have a valid clearance.
- Respond appropriately when we suspect a child is at risk of significant harm due to possible abuse or neglect by a parent/carer or other adult.

### WORKING WITH CHILDREN CHECKS

#### Screening of those working in schools

Working With Children Checks are undertaken by staff working in our school. Non-exempt school volunteers, outside tutors, external providers and any staff engaged by an external organisation are also expected to provide schools with their WWCC which is verified prior to engagement.

Exemptions from Working With Children Check are:

- Children (under the age of 18);
- A 'parent of a child' includes a carer or person who has legal responsibility for a child;
- A 'close relative' includes a spouse or de facto partner, child, step-child, parent, step-parent, sibling, step-sibling, grandparent, step-grandparent, aunt, uncle, niece or nephew.

This exemption does not apply where the work is part of a formal mentoring program or involves intimate, personal care of children with a disability, or when volunteering on overnight camps.

The purpose of the check is to exclude people from working with children who are not suitable. A person who has been convicted or found guilty of a listed serious offence against children (whether in NSW or elsewhere) is prohibited from working in a child related role.

The participation of parents and close relatives of students at the school as volunteers is welcomed and appreciated for various activities in the school. It is important that all volunteers are aware that they are subject to child protection legislation. This means all volunteers must:

- sign in on the Compass Kiosk at the front office and obtain a visitor's badge or slip as per school procedure;
- check with the school to ascertain the current legal requirements for working with children;
- not engage in any inappropriate behaviour towards any children. In particular, although parents and volunteers are not employed by the school, they are considered to be 'staff' for legal purposes and are subject to an investigation if an allegation of inappropriate behaviour towards a child or children is received.

Volunteers who are not the parent or a close relative of a child at the school will be expected to undertake a Working With Children Check.

Further information on the Working With Children Check can be found on the website for the Office of the Children's Guardian at <https://www.kidsguardian.nsw.gov.au/>

**Term 4 - 2023 Planner**

September/Oct	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Holidays	25	26	27	28	29	30/1
Holidays	2 <b>Labour Day Holiday</b>	3	4	5	6	7/8
Week 1 October	9 <b>Pupil Free Day</b>	10 <b>Pupil Free Day</b>	11 <b>First Day of Term 4 (Students)</b>	12	13 <b>Polding Athletics (Sydney Olympic Park)</b>	14/15
Week 2 October	16	17	18	19	20 <b>Rex Smith/Lois Jones Hockey Cups - Parkes</b>	21/22
			<b>NSWPSSA Athletics - SPOAC</b>			
Week 3 October	23 <b>Blackstock/Clarke Squash Shield</b>	24	25 <b>Western Schools Cup (Touch Football) - Dubbo</b>	26 <b>Mufti-Mission Socktober Day</b>  <b>Year 4 Stargazers Camp</b>	27 <b>WF Tennis Trials (Dubbo)</b> <b>WF Basketball Trials (Dubbo)</b> <b>Year 4 Stargazers Camp</b> <b>Assembly - 2.45pm</b>	28/29
			1	2	3	
Week 4 Oct/Nov	30 <b>Pupil Free Day</b>	31 <b>Pupil Free Day</b> <b>P&amp;F Meeting - 6.00pm</b>	1 <b>All Saints Day Stage 3 Mass - 12:15pm</b>	2 <b>First Reconciliation - Year 2 - 6.00pm HF Church</b>	3 <b>P&amp;F Movie Night - School Hall - 5.30pm</b> <b>Assembly - 2.45pm</b>	4/5
Week 5 November	6 <b>RBCC Year 6 Orientation Day</b> <b>Year 2 Intensive Swimming Program</b>	7 <b>Junior AECG - 9.30am</b> <b>Kindergarten Library Visit - 11.30am</b> <b>Year 2 Intensive Swimming Program</b> <b>P&amp;F Meeting - 6.00pm</b>	8 <b>Senior AECG - 9.30am</b> <b>Year 5/6 Excursion - Burrendong</b> <b>Year 2 Intensive Swimming Program</b>	9 <b>Year 5/6 Excursion - Burrendong</b> <b>Year 2 Intensive Swimming Program</b>	10 <b>Year 5/6 Excursion - Burrendong</b> <b>Year 2 Intensive Swimming Program</b>	11/12
		13 <b>Year 2 Intensive Swimming Program</b>	14 <b>Year 2 Intensive Swimming Program</b>	15 <b>Year 2 Intensive Swimming Program</b>	16 <b>Year 2 Intensive Swimming Program</b> <b>Primary - Swimming for Sport</b>	
Week 6 November	20 <b>Year 2 Intensive Swimming Program</b>	21 <b>Year 2 Intensive Swimming Program</b>	22 <b>Year 2 Intensive Swimming Program</b>	23 <b>Primary - Swimming for Sport</b>	24 <b>Year 2 Intensive Swimming Program</b>	18/19
Week 7 November	27	28	29	30 <b>Kindergarten Liturgy - Chapel - 12:15pm</b> <b>Primary - Swimming for Sport</b>  <b>Term 4 Disco - 6.00pm</b>	1 <b>Christmas Parade</b> <b>Assembly - 2.45pm</b>	25/26
Week 8 November	4 <b>Presentation Night - 6.00pm</b>	5	6	7 <b>Primary - Swimming for Sport</b> <b>Year 6 Graduation Mass - 6.00pm (HF Church)</b>	8 <b>Year 6 Day Retreat at HFS 9.00am - 1.00pm</b>	9/10
				11 <b>Year 6 Assembly - 2.00pm</b>	12	
Week 9 November/Dec	18	19	20	21	22	23/24
Week 10 December	25 <b>Christmas Day</b>	26 <b>Boxing Day</b>	27	28	29	30