



HOLY FAMILY SCHOOL NEWSLETTER

Term 3 Week 4 - 11th August 2025

EVENTS

THIS WEEK 4

Monday

ICAS English

Tuesday

ICAS Spelling Bee

Kindergarten Library
Visit Excursion

Thursday

WF Diocesan Athletics
Carnival

Friday

Assumption Mass
(Stage 3) 12:15pm -
Hall

Assembly 2.45pm
(Hall)

Dear Parents and Carers,

Week 3 was filled with activity and enthusiasm for our school community. Last Friday, Stage 1 led us in a beautiful Mary MacKillop Liturgy. The children were reverent throughout, our readers read with confidence, and the singing was truly magnificent.

It was also an exciting week for cricket at Holy Family School. On Wednesday 6th August, we were privileged to welcome Australian cricketers Chris Tremain and Claire Moore for a special visit. Our students enjoyed the opportunity to ask questions and practise their batting skills alongside these inspiring athletes. In addition, our Sporting Schools cricket training continued, with students enthusiastically developing their skills and teamwork.

This week, our ICAS testing continues. Students sitting the tests have been very focused and are putting in their best efforts.

Students are also engaging in important learning about what bullying is and what it is not, using the **Bullying. No Way!** program. The 2025 theme, "*Be bold. Be kind. Speak up.*", reminds us that everyone has the power to help make our school a place where respect and kindness are shown to all. Students will take part in activities and discussions to learn how to recognise, report, and respond to bullying, and we will be celebrating acts of kindness across the week.

We are very excited to be hosting the Diocesan Athletics Carnival in Parkes on Thursday 14th August. Our Holy Family team of 26 students has been training diligently, and we wish them every success on the day.

Finally, on Friday 15th August, we will gather to celebrate the Assumption of the Blessed Virgin Mary. Stage 3 teachers and students have been preparing for this special Mass, and we look forward to coming together as a school in prayer and reflection.

Kind regards,

Andrew Berger
Assistant Principal



CONTACT US

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FIND US ON FACEBOOK
[Holy Family Parish School Parkes](https://www.facebook.com/HolyFamilyParishSchoolParkes)

★ Star of the Week ★

Jack McCabe is the Star of the Week for demonstrating our Core Values (In Praise, Love, and Trust) and for always doing his best in the classroom.

Interview with Jack



What is your favourite subject?

Science

In your free time, what do you like to do?

Play with my LEGO set

What is your favourite food?

Chicken noodles

What do you like most about our school?

Lunchtime



Building things with LEGO

What would you like to be when you grow up ?

A footy player

Term 3 Week 4: Manner of the Week (From our Core Value - PRAISE)

◆ We Rise by Lifting Others

This fortnight's challenge is to see how well you know road safety rules.

<p>1. When should you cross the road?</p>	<p>A) When the traffic light is green for cars B) Anywhere you like C) When there's a break in traffic D) At the pedestrian crossing when the green walk signal shows</p>
<p>2. Why is it dangerous to use headphones or look at a phone while walking near traffic?</p>	<p>A) You might drop your phone B) You could get lost C) You may not hear or see oncoming traffic D) It's not dangerous at all</p>

<p>3. When riding in a car, what should you always do?</p>	<p>A) Stand up and look out the window B) Sit quietly without a seatbelt C) Wear your seatbelt at all times D) Sit in the front seat if you're tall</p>
<p>4. What should you do if you hear a siren while crossing the road?</p>	<p>A) Run faster B) Stop in the middle of the road C) Move quickly and safely to the side and wait D) Ignore it</p>
<p>5. Why are zebra crossings (black and white stripes) important?</p>	<p>A) They look like animals B) They are just for decoration C) They are where drivers must stop to let pedestrians cross D) Only teachers can use them</p>
<p>6. What is the safest way to get in and out of a car?</p>	<p>A) Through the driver's door B) On the traffic side C) On the kerb side (footpath side) D) Through the window</p>
<p>7. If a ball rolls onto the road, what should you do?</p>	<p>A) Run after it straight away B) Wait and check for traffic, then walk carefully C) Ask an adult to help D) Kick it back</p>
<p>8. What side of the footpath should you walk on when there are no crossings?</p>	<p>A) The middle B) The side closest to the road C) The side furthest from the road D) Any side you want</p>
<p>9. What should you always wear when riding a bike or scooter?</p>	<p>A) A cap B) Sunglasses C) A helmet D) Running shoes</p>
<p>10. What should you do before crossing the road?</p>	<p>A) Run quickly B) Look left, right, and left again C) Close your eyes and hope for the best D) Wait until a friend crosses first</p>

If there are multiple winning entries, your name will go into a draw. The winners will be drawn out of a hat and receive a prize at our School Assembly. Please write your name and answer on a piece of paper and hand it to me any time this week.

I hope everyone has a great week.

Andrew Berger

Religious Education

Nineteenth Week in Ordinary Time



A big thank you to the Stage 1 teachers and students for leading the Mary MacKillop Liturgy last Friday. The children read, sang and responded to the prayers very well and were reverent and respectful. It was also wonderful to see the Stage 1 students' writing, projected through the PowerPoint, during the Reflection which showcased how at Holy Family the students care and look out for each other. It was an especially poignant moment as the strains of the hymn, 'Never See a Need Without Doing Something About It' played in the background. Their honest writing was a testament of the gentle ambience that pervades daily through our beautiful school. A quality that is often noticed by visitors. It was also lovely to see Father Tony and many parents attend the liturgy.

***ASSUMPTION OF MARY MASS-15TH AUGUST MASS-12:15PM, HOLY FAMILY SCHOOL HALL ALL ARE WELCOME!**

The Assumption of Mary is also known as the Falling Asleep of the Blessed Virgin Mary or the Dormition of Mary. **It is a Holy Day of Obligation** (meaning the faithful are obligated to go to Mass) and is celebrated annually on August 15.



- The feast of the Assumption tells us that Mary is now in heaven.
- The feast of the Assumption of Our Lady celebrates the moment when, after her life on earth, Mary went to heaven, body and soul.

CEWF Religious Education Program

Upcoming Masses and Liturgies-

***Assumption of the Blessed Virgin Mary Mass (Stage 3)
Friday, 15th August, 12:15 pm, HFS Hall**

***Father's Day Liturgy (Stage 2)
Thursday, 4th September, 12.30pm, HFS Hall**

***Father's Day Breakfast (8am)**

Have a wonderful week!

Beverly Berger
Religious Education Coordinator

Holy Family's Got Talent

Auditions

Holy Family's Got Talent Audition Timetable 2025

Wednesday 27 th August	Thursday 28 th August	Friday 29 th August
Elizabeth Toomey	Piper Newham, Erica Malherbe (Sapphire Girls)	Layla Al-Maliky, Daniella Anasta, Tatum Staines (Dancing Stars)
The K.A.T.E.S - Sophie Ross, Tessa Dugan, Elsie Galvin, Amelia Gersbach, Kendall Hartwig	Max Crowe, Aava Dhakal, Isaac Siju, Hunter Wythes & Sage McArdle (Nowhere to Hide)	Niamh McTiernan
The Girls - Lani Kennedy, Olivia Culhane	Matthea McGrath The Tone Zone	Kolby Pope, Creed Townsend, and Emanuel Townsend (Karate Krew)
Isla Barber Sweet Dreams	Iris Burt & Tully Cassidy Hawaiian Girls	Isabel Siju
Abby the Magician	Harvey Williams (Robot Boogie)	Aarnav Gautam
The White Stripes - Lillian Mikita-Townsend	Ceinwyn The Zombie	Arshi and Roop
Spice Girls Poppy, Lori-Jayde, Harper, Mia, Addison	Evie Byrnes	Indigo Gillingham, Jordyn Flaxman and Mary Drooger - Dancing Queens
Jasper Vigurs	Bella Allen Shining Talent	Neena Ford and Mimi Sibanda (The Friendship Girls)
Dance Party - Georgie, Molly, Mavie, Piper	Ceff Andrew Anasta	Emerson, Jack, Allie, Abel, Elizabeth, Stanley, Max D and Ted - Clash of Clans

BULLYING.

What would **you** do?

**Stand beside them
and support them.**

Don't give up.



Take Action Together

www.bullyingnoway.gov.au

Bullying No Way: National week of action – 11th-15th August 2025

The theme for 2025 is '**Be bold. Be kind. Speak up.**'

Throughout this week, students will take part in activities and discussions to learn how to recognise, report, and respond to bullying. We will celebrate acts of kindness and promote the importance of treating everyone with respect. Together, we can make our school a safe and supportive place for all.

It takes courage to spark change.

Bullying is everyone's responsibility. It takes a community to be brave and address bullying behaviours, within and beyond the school gate.

Students can be bold, kind and take a stand to support others being bullied. Parents and teachers are there to support children and young people learn how to behave in a positive way.

In our community and in our school, we want a place where everyone can belong, a place that celebrates everyone, and where bullying is never accepted.

This Bullying No Way Week, we're asking students, schools, families and communities to be bold and say something, be kind and support someone, and be proud to take a stand against bullying.

Notes

THURSDAY 28TH
AUGUST

UPSTAIRS RSL

\$3 ENTRY

6-7PM
SNACKS TO BE
SOLD BY P&F



Team Colours
THEME

DISCO

CHILDREN ARE TO BE DROPPED OFF AND PICKED UP FROM
UPSTAIRS IN THE STARLIGHT ROOM

Dio Athletics Carnival

CANTEEN HELPERS NEEDED ON THE DAY
FOR MAJOR FUNDRAISER
PLEASE VOLUNTEER TIME OR ITEMS VIA

[This Link](#)



THURSDAY
14TH
AUGUST

Gather

Gather • Together • Reflect

Please join us in the Holy Family
School Religion Room at 8.40am
on Tuesday August 12, as we
GATHER TOGETHER AND REFLECT!

.....then stay for a cuppa and a
chat



2025 PARKES SHOW JUNIOR SHOWGIRL & MASTER STOCKMAN COMPETITION



PARKES SHOW SOCIETY

25 - 27 AUGUST 2025 - PARKES SHOWGROUND

PARKES PASTORAL AGRICULTURAL & HORTICULTURAL ASSOC INC. 2025 PARKES SHOW JUNIOR SHOWGIRL & MASTER STOCKMAN COMPETITION. OPEN TO PARKES AND DISTRICT. NOMINATIONS TO BE ENTERED WITH THE SHOW SECRETARY BY 4PM 22ND AUGUST 2025. JUDGING AT 9PM 26TH AUGUST 2025 ON THE STAGE IN FRONT OF THE GRANDSTAND. CHILDREN MUST BE ACCOMPANIED BY AN ADULT. PRIZES AWARDED ON PRESENTATION. DRESS CODE: SMART CASUAL OR SHOW THEME. SECTION 1 - JUNIOR SHOWGIRL 3 - 5 YEARS. SECTION 2 - MASTER STOCKMAN 3 - 5 YEARS. SECTION 3 - JUNIOR SHOWGIRL 6 - 10 YEARS. SECTION 4 - MASTER STOCKMAN 6 - 10 YEARS.

CHIEF STEWARD - SARAH TOWNSEND 0422 807 851



The Sleep Connection

Sleep impacts learning, mental health & behaviour

This session is especially designed for parents and carers with tips and strategies to ensure children are getting enough sleep. It's suitable for parents and carers with children in both primary and secondary schools, and will include

- What happens to our brain and body when we sleep
- How much sleep we need to function optimally
- Sleep thieves
- Effects of technology on sleep
- Signs of sleep deprivation
- Smart sleep tips for the whole family
- Where to get information and professional help

WEDNESDAY 13
AUGUST 2025
7pm - 8pm

Sleep Connection



PLEASE JOIN US FOR CCSP'S TERM 3 SLEEP WEBINAR

Do you know how vital sleep is to your children's health, learning and emotional wellbeing? Do you know what effects screens are having on the quantity and quality of our sleep? Don't miss this opportunity to find out strategies you can use to help your children develop healthy sleeping habits for optimal function!

Join Sleep Educator Lisa Maltman from The Sleep Connection for an insight into how important sleep is for your children - and you - and tips for making sure the whole family gets enough zzzzzzzz.

- Wednesday 13 August
- 7pm - 8pm

PRESENTED BY THE SLEEP CONNECTION

Register using the link - See you online!

For parents and carers of K-12 school students

<https://events.teams.microsoft.com/event/00bfb0c7-19b2-4660-8715-69ffdb2f78c8@43c01865-a091-4ea9-adee-6ba5e69e291f>

GIRLS Squash SQUAD

Thursday 4.30-5.30pm

Term 3 - 2025

HOSTED BY PARKES SQUASH

Starting 14th August 2025 4.30 - 5.30pm

WHAT IS IT?

Fitness, Friendship & Fun for Girls aged 6 - 15

WHAT TO BRING?

Joggers & Drink Bottle

Afternoon Tea & Equipment Provided

Cost - \$25 for 5 weeks

More Info or to Register: Judy 0448837424 or

jayandjudykross@hotmail.com

Made possible with a grant from



Neighbourhood CENTRAL



Paint Parkes READ Annual READING Day Presents



Book an Adventure

Friday 22nd August 2025

Cooke Park

9:30 am to 12 pm



For more information call 6862 1 872



Stargazing with Murriyang

Join CWAS at CSIRO's Parkes Observatory Visitors Centre for a night observing the stars.

Friday 29th August 2025

5:30pm to 8pm

No booking required for this free event. BBQ available and cost applies – cash ONLY

This is a family winter event, so please rug up! If the weather is cloudy or stormy please call to confirm – (02) 6861 1777.

Disconnect to protect our science When approaching the observatory please turn off all mobile, WiFi and Bluetooth technology to help protect our telescope.

Australia's National Science Agency



SCHOOL ATTENDANCE

Regular attendance at school for every student is essential if students are to maximise their potential. Schools, in partnerships with parents, are responsible for promoting the regular attendance of students. While parents are legally responsible for the regular attendance of their children, school staff, as part of their duty of care, monitor part or whole day absences. Schools, in providing a caring teaching and learning environment, which addresses the learning and support needs of students, including those with additional learning and support needs or complex health conditions, foster students' sense of wellbeing and belonging to the school community.

Parents are responsible for:

- enrolling their children of compulsory school age in a government or registered non-government school or registering them with the NSW Education Standards Authority (NESAs) for homeschooling;
- ensuring that their children attend school every day the school is open for their instruction;
- explaining the absences of their children from school promptly and within 7 days to the school;
- working in partnership with the school to plan and implement strategies to support regular attendance at school, including communicating with the school if they are aware of issues impacting on their child's attendance or engagement with school.

Term 3 - Parent Calendar

	Week	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
July	1	21 First Day - Term 3 (Staff and Students)	22	23 Todd Woodbridge Tennis Cup (Stage 2) NSWPSSA Cross Country Championships	24	25	26/27 Sts Joachim & Anne (26)
Jul/Aug	2	28	29	30	31 Central Cluster Athletics (Trundle)	1 Grandparents' Day Mass Stage 2 12.15pm - Hall Assembly - 2.45pm	2/3
August	3	4	5 ICAS Digital Technologies	6 ICAS Writing P&F Meeting - 6pm	7	8 Mary of the Cross MacKillop Liturgy Stage 1 12:30 HFS Hall	9/10
	4	11 ICAS English Bullying No Way: National week of action(11th-15th Aug)	12 ICAS Spelling Bee Kindergarten Library Visit 12pm - 1pm	13	14 WF Diocesan Athletics (Parkes) TBC	15 Assumption of the Blessed Virgin Mary Mass Stage 3 12:15 HFS Hall Assembly - 2.45pm	16/17
	5	18 ICAS Science Musica Viva - 11.30am	19 AECG Meeting - Junior and Senior (Holy Family)	20 School Committee Meeting - 7.30pm	21 Book Week Parade 9.15am - "Book an Adventure"	22 Reading Day (Cooke Park) 9:00am - 12:00pm	23/24
Aug/Sep	6	25 ICAS Mathematics	26 Half Day Show Holiday (12pm)	27 Holy Family's Got Talent - Auditions	28 Holy Family's Got Talent - Auditions School Disco - 6.00pm	29 Holy Family's Got Talent - Auditions Assembly - 2.45pm	30/31
September	7	1	2	3 Indigenous Literacy Day P&F Meeting - 6pm	4 Father's Day Liturgy Stage 2 12.30pm HFS Hall Father's Day Breakfast (8am)	5 Pupil Free Day -	6/7 Father's Day Sun 7 Sept
		<i>Australian Teacher Aide Appreciation Week</i>					
	8	8 Todd Woodbridge - Stage 2 Regional Playoffs (Forbes)	9 Assembly - 2.45pm	10 Holy Family's Got Talent - Grand Final	11	12 Polding Athletics (Glendale) Parish Dinner - School Hall - 5.30pm	13/14
	9	15 Questacon Fascinating Science Excursion - Parkes Shire Library (Stage 2 and Stage 3)	16	17	18 Rex Smith/Lois Jones Hockey - Parkes	19	20/21
10	22	23	24	25 St Vincent de Paul Liturgy 10.15am Mufti Mission Day Stalls Assembly - 2.45pm	26 Last Day of Term 3	27/28	